

2026-07-31: Delight in the Lord (Priest Family Convention - HS & College Youth)

“Delight yourself also in the Lord, And He shall give you the desires of your heart.” (Psalm 37:4)

St Augustine, a great saint in the Church had such an experience when he was visiting Milan and he heard them singing the hymns of the Church. Hearing the hymns gave him an emotional response, and he shed tears... but they also gave him a spiritual response. Truth was distilled into his heart – he learned something from the hymns. A feeling of piety welled up from it – he was driven to humility and repentance.

We can actually find the same in the hymns of our church. So this will be our focus today.

“How many tears did I shed, as I was deeply stirred by the voices of Your Church sweetly swelling in the singing of Your hymns and canticles! Those voices flowed into my ears, and truth was distilled into my heart, and a feeling of piety welled up from it. The tears poured forth, and I was happy with them.
St Augustine - Confessions Book 9 Chapter 6

The word "Delight" reminds us of a specific hymn:

“Delight is the Church. Delight is the people assembled in it. Delight is the image of this martyr, Saint (...) the martyr of our Lord Jesus Christ.”