Siyami Bamya

1. Dice one yellow onion and 3-4 cloves of garlic and put it in a pot with oil to caramelize
2. Add 1.5 cans of tomato sauce and one 12oz bottle of water
3. Bring to a boil
4. Add two bags of frozen okra
5. Simmer until okra is soft
6. Salt and pepper to taste
7. Serve over rice

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